



Cheryl's Story

Cheryl is living in the community for the first time since she was 4 years old.

Born with a developmental disability, her parents needed help. Raising a child with a developmental disability along with their other children wasn't an option. St.Amant has supported Cheryl since the early years; her parents have been very involved all her life.

"St.Amant always took such great care of Cheryl, we're so grateful for all they've done," said Larry Kraitberg, Cheryl's father. "So when they asked us about our thoughts on moving Cheryl to the community, we thought well, it can't hurt to try."

In addition to its large community living and outreach programs, St.Amant also operates a long-term care facility. Over the next 5 years, St.Amant is committed to supporting a minimum of 75 people to move from their large residence to homes within the community. The Manitoba Marathon is granting \$3000 per person to support the transition and to purchase items that are not covered by government funding.

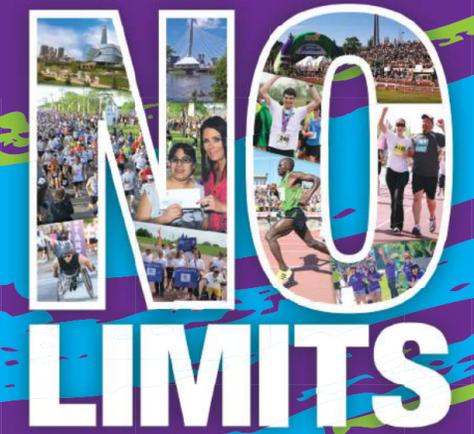
"We are still working with Cheryl to see what she would like and what she needs, but we're thinking a swing for the backyard, an iPod or iPad, cause she loves to listen to music and maybe a new bed for her room," said Therese, her Community Care Provider.

St.Amant is incredibly grateful to the Manitoba Marathon for their commitment of at least \$225,000 over the next five years. Their support will help ease the transition and increase the quality of life for these individuals with developmental disabilities who often benefit significantly from specialized equipment.

For Cheryl, the transition has been incredibly positive, said her father. "Cheryl is very calm and happy, she's also more affectionate – giving lots of hugs now. We even heard her speak her first words ever since moving. I can tell that she's really happy and that's really what I want for her."

The Need Continues...

Every year, more and more people with an intellectual disability are moving into the community with the assistance of the Manitoba Marathon Foundation, but there are still hundreds more people living in institutions. The need continues – Manitoba Marathon's support often goes towards many things we take for granted like a new set of dishes, or something as simple as a kitchen clock. Visit our website for more information on the projects we support and to donate.



June 21, 2015
Winnipeg, Manitoba

We are thrilled to welcome and introduce to you this year's 26 for 26 Charity Partners.



Thanks to our sponsors



manitobamarathon.mb.ca



Gaining Resources our Way (G.R.O.W.'s) mission is to enhance the potential of young adults with social and intellectual disabilities and to provide opportunities for their engagement in community life.



G.R.O.W. in Gimli G.R.O.W. in Winnipeg G.R.O.W. Outreach www.gainingresourcesourway.ca



Urban Stable (The Horse Connection Inc.) looks to enrich young learners by engaging and empowering them to face life's challenges in a safe, caring, supportive environment. Ultimately, students learn horsemanship and how to ride while participating in a long-term journey to social and emotional skill development. We invite you to join our team by supporting our 2015-2016 year of Programming for youth. Celebrating 14 years, every dollar counts towards sustaining our unique type of programming each year and towards building our capacity to expand our reach to more youth across more school divisions and communities in Winnipeg and rural Winnipeg.



For more information contact us at: 204-891-2574
www.urbanstable.ca



Camp Quality Manitoba is a volunteer, non-profit organization that improves the quality of life for children living with cancer. Our year-round programming and free camps give kids with cancer the power to turn challenges into adventures. All programs are offered free of cost and our funding comes exclusively from fundraising and donations. Camp Quality offers children with cancer, and their siblings the opportunity to "just be kids" for one week every summer. While at camp, each camper is paired with a trained, adult companion. This unique program provides opportunities for one-on-one support throughout the year, as well as life-long friendships. The year-round support programs include hospital visits, reunions, and family fun days.



For more information contact us at 877.669.2311
www.campquality.org/camps/manitoba



Community Living Selkirk is a non-profit community based organization dedicated to the Full Inclusion of persons of all ages who live with an intellectual disability. We are always looking for innovative ways to build and expand inclusive communities and our 2 most recent projects are our social enterprises RIVERSIDE GRILL and COMMUNITY THREADS.

Our Vision is a community that values diversity and where people with intellectual disabilities and their families have many options for living, learning, playing, working, and contributing to their communities. Funds raised through Manitoba Marathon will assist us in helping more people like Bob (pictured) to achieve their dream of paid employment through our **Skills program**.



For more information please visit:
www.communitylivingelkirk.ca
or www.riversidegrill.ca

We are on the threshold of amazing breakthroughs in blood cancers. Your money accelerates miraculous new treatments and healing therapies once thought impossible. Let's find a cure today, not someday. This is our goal and you are at the heart of it.

someday is today



MANITOBA LIQUOR & LOTTERIES PRESENTS
MANITOBA Marathon
Supporting projects for people living with an intellectual disability

26 miles for 26 charities

Manitoba Marathon is very pleased to welcome our Charity Partners. The vision of the Manitoba Marathon is to continue to grow, support projects for people living with an intellectual disability, and extend an invitation to other charities within Manitoba to use our event as a vehicle to reach their goals – **Fund raising through Friend raising.**

- Manitoba Marathon Foundation
- Camp Quality Manitoba
- G.R.O.W – Gaining Resources Our Way
- MBNF – Manitoba Neurofibromatosis Support Group
- Community Living Selkirk
- Adult and Teen Challenge
- Leukemia and Lymphoma Society of Canada
- Lighthouse Mission
- Mood Disorders Association of Manitoba
- Urban Stable
- Visions of Independence
- Team World Vision

Together there are NO LIMITS. JOIN US....JOIN OUR CHARITY PARTNERS

Together Everyone Achieves More – walk, run, spectate or volunteer but most of all make that important donation.

To donate visit 26for26.ca



Run with us to End Child Trafficking. World Vision operates the largest anti-trafficking program of its kind in Asia. Your donation helps teach children to protect themselves from traffickers and helps return victims to their home countries.



For more information, please visit www.teamworldvision.ca



We believe all people are unique and overflowing with potential. We believe our differences make for stronger families, communities and nations. By laying the foundation to create independence, we take the "dis" out of disability. Help us celebrate, support and encourage all abilities.



For more information contact us at:
204.453.5982
www.visionsofindependence.org



The Mood Disorders of Manitoba is Canada's oldest self-help organization for people with mood disorders and their loved ones. Created in 1983, it has had major presence in Manitoba's mental health community, with branches and support groups across the province. MDAM serves over 55,000 Manitobans annually with peer support, education, and advocacy.



Helping people help themselves

For more information contact us at: 204.786.0987
www.mooddisordersmanitoba.ca

#teamlighthouse is getting ready to run
You're invited to join us. You can run, sponsor someone who is, or even volunteer.

Money raised provides food, clothing and friendship for Winnipeg's less fortunate. Visit lighthousemission.ca



The Manitoba Neurofibromatosis Support group believes that Dane and others living with NF should be given the opportunity to be understood. Neurofibromatosis affects 1 in 3000, yet few have heard of it. NF creates tumour growth in tissues that surround nerves. NF can cause learning difficulties, bone deformities and disfigurement. Many living with NF feel isolated and alone. MBNF works towards lives freed of the emotional and physical pain caused by this disorder. Awareness is key to help our friends with NF.



Jordan took her first drink at age 14, which quickly escalated to drug use and other poor lifestyle choices, including dropping out of school. Jordan couldn't keep a job, alienated everyone she loved and eventually attempted suicide. Jordan shares, "I wrote off my dreams, was no longer in control, and needed help." She found that help at Adult & Teen Challenge, where she is currently in her sixth month of the year long recovery program. Funded entirely on private donations and funds raised through events like this, Adult & Teen Challenge is making a difference in the lives of Manitobans. When you make a donation, you become part of a story...like Jordan's.



For more information please call or visit our website
204-949-9484
www.teenchallenge.tc