



Manitoba teachers leading youth to fit, active lifestyles
March 2017 Newsletter

The Road to Race Day: Sunday, June 18, 2017



We have worked with Race Roster to improve the system for this year: instead of having to register in two steps like in 2016 (once to register for the program and once to set up your team for registration input) there will now just be one system registration that simultaneously creates your team.

[Click here to register your school now!](#)

Race Day Event registration for students will open in April: Information will be sent out shortly via email to access Race Roster and register your school for the 2017 Champions in Training program.



CIT Teacher Orientation Night

Wednesday, April 5, 4:00-6:00 PM

Manitoba Marathon office, Unit 4 - 1080 Waverley Ave

Run Club leaders are invited to come and join us on April 5 to receive your CIT materials, leader t-shirt and a light meal. Staff will be available to book your race package pickup and school presentation, as well as discuss the [registration process](#). We will also work to answer any questions you might have about the new finish line at Investors Group Field!



CIT Cool School: St. George School

St. George School has been managing their Countdown 26 Program for 17 years. Currently headed up by teacher Elsie Yip, their students work hard to get ready for the Great West Life Super Run every year. A special thank you to Elsie as well for all of the extra time she puts in supporting Teacher's Night every year. To read a little bit about their program, [check out the article on our blog!](#)



It's slippery out there!

Stay safe when running in icy conditions with [Canadian Running's](#) top ten tips for running in slippery conditions



World of Water has been the official water supplier of the Manitoba Marathon since 2006. Our goal every year is to provide the dedicated participants of the Marathon with the *Purest Water Possible*, when out on the course.

If the average adult elephant weighs 13,280 lbs., can you guess how many elephants worth of water World of Water has donated to the Manitoba Marathon for the past 11 years?

- A. 55 B. 89 C. 120 D. 155

See bottom of the newsletter for the answer!

For more information on the benefits of DewDrop Distilled water, [click here to visit the Manitoba Marathon blog!](#)



Come celebrate the running community in Manitoba at the Winnipeg Blue Bombers season opener: join us for the first ever Runners Night at IGF!

**Friday July 7, 7:30 PM
vs. Calgary Stampeders**

Let's celebrate another great year of success at the Manitoba Marathon. Take advantage of special discounted tickets in the runners section for this exciting evening: only \$29 for adult tickets and \$14 for youth.

Calling all CIT Cool Schools!

Is your school an awesome leader in the Champions in Training program? Want to see a short article featured in the CIT Newsletter and on the Manitoba Marathon website highlighting your students and their participation? We are looking for schools to submit a few quick interview questions via email to create a feature that we can share with other schools and with Manitoba Marathon participants. Interested leaders should email Kirsten at programs@manitobamarathon.mb.ca

2017 IMPORTANT DATES

April 5: Teacher Information Night May 10: Jog in the Park
 May 30: CIT registration closes June 5-9: School Pickup Week
June 18: Race Day



Thanks to our sponsors...



World of Water quiz answer: D (155)