

# 5 K - Winnipeg Ten & Ten

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	GUSTAVO CASTANEDA	WINNIPEG, MB	M: 1	RUNNER	1617	00:20:40.82	04:08	14.5kph	Overall Male Runner: 1
2	DYLAN RASMUSSEN	WINNIPEG, MB	M: 2	RUNNER	1673	00:20:43.54	04:08	14.5kph	Overall Male Runner: 2
3	PAUL SCHULZ	ROSENORT, MB	M: 3	RUNNER	1688	00:20:56.01	04:11	14.3kph	Overall Male Runner: 3
4	OSCAR FOO	WINNIPEG, MB	M: 4	RUNNER	1636	00:21:25.63	04:17	14.0kph	Overall Male Runner: 4
5	TODD HAMILTON	LA SALLE, MB	M: 5	RUNNER	1641	00:22:52.24	04:34	13.1kph	Overall Male Runner: 5
6	BUDH SINGH GILL	WINNIPEG, MB	M: 6	RUNNER	1639	00:25:05.82	05:01	12.0kph	Overall Male Runner: 6
7	JAMIE BERGEN	MORRIS, MB	M: 7	RUNNER	1605	00:25:27.20	05:05	11.8kph	Overall Male Runner: 7
8	SCOTT MAIER	WINNIPEG, MB	M: 8	RUNNER	1657	00:25:28.28	05:05	11.8kph	Overall Male Runner: 8
9	LEO XING	WINNIPEG, MB	M: 9	RUNNER	1706	00:25:33.78	05:06	11.7kph	Overall Male Runner: 9
10	VANESSA LAROSE	WINNIPEG, MB	F: 1	RUNNER	1648	00:26:08.42	05:13	11.5kph	Overall Female Runner: 1
11	ANDY SUN	WINNIPEG, MB	M: 10	RUNNER	1695	00:26:19.67	05:15	11.4kph	Overall Male Runner: 10
12	JULIE XIONG	WINNIPEG, MB	F: 2	RUNNER	1707	00:26:48.33	05:21	11.2kph	Overall Female Runner: 2
13	PAMELA HARRIS	WINNIPEG, MB	F: 3	RUNNER	1643	00:26:51.49	05:22	11.2kph	Overall Female Runner: 3
14	TYLER SCHELLENBERG	WINNIPEG, MB	M: 11	RUNNER	1687	00:26:53.93	05:22	11.2kph	Overall Male Runner: 11
15	HAROLD SCHELLENBERG	WINNIPEG, MB	M: 12	RUNNER	1685	00:26:55.53	05:23	11.1kph	Overall Male Runner: 12
16	MIKE MCDONALD	WINNIPEG, MB	M: 13	RUNNER	1661	00:26:56.84	05:23	11.1kph	Overall Male Runner: 13
17	KEITH ADDISON	WINNIPEG, MB	M: 14	RUNNER	1600	00:28:15.64	05:39	10.6kph	Overall Male Runner: 14
18	TRACY WHITE	WINNIPEG, MB	F: 4	RUNNER	1704	00:28:51.58	05:46	10.4kph	Overall Female Runner: 4
19	PATRICIA RODRIGUEZ	WINNIPEG, MB	F: 5	RUNNER	1683	00:29:37.35	05:55	10.1kph	Overall Female Runner: 5
20	RAENA WALDNER	ROSENORT, MB	F: 6	RUNNER	1702	00:29:42.90	05:56	10.1kph	Overall Female Runner: 6
21	LIKUN LIU	WINNIPEG, MB	F: 7	RUNNER	1652	00:30:23.94	06:04	9.9kph	Overall Female Runner: 7
22	CLARE BRIGHAM	WINNIPEG, MB	F: 8	RUNNER	1611	00:30:26.40	06:05	9.9kph	Overall Female Runner: 8
23	HANNAH URBANO	WINNIPEG, MB	F: 9	RUNNER	1700	00:30:59.03	06:11	9.7kph	Overall Female Runner: 9
24	JOSH YOUNGSON	WINNIPEG, MB	M: 15	RUNNER	1708	00:32:01.86	06:24	9.4kph	Overall Male Runner: 15
25	ISIAH ROBLES	WINNIPEG, MB	M: 16	RUNNER	1682	00:32:05.19	06:25	9.3kph	Overall Male Runner: 16
26	MIGUEL CARRONDO	WINNIPEG, MB	M: 17	RUNNER	1615	00:32:14.23	06:26	9.3kph	Overall Male Runner: 17
27	TIAGO FARIA	ST.LAURENT, MB	M: 18	RUNNER	1632	00:32:15.94	06:27	9.3kph	Overall Male Runner: 18
28	GAYLE REIMER	WINNIPEG, MB	F: 10	RUNNER	1674	00:32:22.16	06:28	9.3kph	Overall Female Runner: 10
29	RACHEL WAGNER	WINNIPEG, MB	F: 11	RUNNER	1701	00:32:31.85	06:30	9.2kph	Overall Female Runner: 11
30	DIANNE DOLYNIUK	HEADINGLEY, MB	F: 12	RUNNER	1624	00:32:47.80	06:33	9.1kph	Overall Female Runner: 12
31	JESSICA PANESA	WINNIPEG, MB	F: 13	RUNNER	1668	00:33:02.67	06:36	9.1kph	Overall Female Runner: 13
32	EMILY BRIGHAM	WINNIPEG, MB	F: 14	RUNNER	1610	00:33:07.66	06:37	9.1kph	Overall Female Runner: 14
33	STEPHANIE MAZUR	WINNIPEG, MB	F: 15	RUNNER	1660	00:33:30.93	06:42	9.0kph	Overall Female Runner: 15
34	MONICA ZIMNICKI	WINNIPEG, MB	F: 16	RUNNER	1710	00:34:01.01	06:48	8.8kph	Overall Female Runner: 16
35	JERRY KOLBUCK	WINNIPEG, MB	M: 19	RUNNER	1646	00:34:05.00	06:49	8.8kph	Overall Male Runner: 19
36	GILLES LORTEAU	WINNIPEG, MB	M: 20	RUNNER	1654	00:34:40.90	06:56	8.7kph	Overall Male Runner: 20
37	MEGAN SAPACH	THOMPSON, MB	F: 17	RUNNER	1684	00:34:50.47	06:58	8.6kph	Overall Female Runner: 17
38	MEGAN MCDONALD	WINNIPEG, MB	F: 18	RUNNER	1662	00:34:51.95	06:58	8.6kph	Overall Female Runner: 18
39	JESSICA CAREY	WINNIPEG, MB	F: 19	RUNNER	1614	00:35:00.33	07:00	8.6kph	Overall Female Runner: 19
40	CHARLIE TAN	WINNIPEG, MB	M: 21	RUNNER	1697	00:35:08.73	07:01	8.5kph	Overall Male Runner: 21
41	CHRISTINA HETHERINGTON	WINNIPEG, MB	F: 20	RUNNER	1645	00:35:35.71	07:07	8.4kph	Overall Female Runner: 20
42	DANIELLE FEENER	WINNIPEG, MB	F: 21	RUNNER	1634	00:35:36.01	07:07	8.4kph	Overall Female Runner: 21
43	PAIGE SHERSTY	WINNIPEG, MB	F: 22	RUNNER	1690	00:35:37.11	07:07	8.4kph	Overall Female Runner: 22
44	MAURA BRIGHAM	WINNIPEG, MB	F: 23	RUNNER	1612	00:35:54.34	07:10	8.4kph	Overall Female Runner: 23
45	BAILEY SHIRTLIFF	WINNIPEG, MB	M: 22	RUNNER	1692	00:36:03.43	07:12	8.3kph	Overall Male Runner: 22
46	STEPHANIE LABONTE	WINNIPEG, MB	F: 24	RUNNER	1647	00:36:07.62	07:13	8.3kph	Overall Female Runner: 24
47	NADINE LINDER	WINNIPEG, MB	F: 25	RUNNER	1651	00:36:13.77	07:14	8.3kph	Overall Female Runner: 25
48	TANYA DOSCH	WINNIPEG, MB	F: 26	RUNNER	1625	00:36:20.02	07:16	8.3kph	Overall Female Runner: 26
49	CASSIDY PETERS	STEINBACH, MB	F: 27	RUNNER	1671	00:36:20.17	07:16	8.3kph	Overall Female Runner: 27
50	YAN ZHANG	WINNIPEG, MB	F: 28	RUNNER	1709	00:36:20.45	07:16	8.3kph	Overall Female Runner: 28
51	NICHOLE MACGILLIVRAY	LORETTE, MB	F: 29	RUNNER	1656	00:36:21.26	07:16	8.3kph	Overall Female Runner: 29
52	GARETT DOSCH	WINNIPEG, MB	M: 23	RUNNER	1626	00:36:24.65	07:16	8.2kph	Overall Male Runner: 23
53	SARAH-JANE MARQUEZ-HICKS	ANOLA, MB	F: 30	RUNNER	1658	00:36:30.81	07:18	8.2kph	Overall Female Runner: 30
54	DARLENE TRUSCOTT	SAINT FRANÇOIS XAVIER, MB	F: 31	RUNNER	1699	00:36:41.37	07:20	8.2kph	Overall Female Runner: 31
55	CRYSTAL BRAUN	ST FRANCOIS XAVIER, MB	F: 32	RUNNER	1608	00:36:42.52	07:20	8.2kph	Overall Female Runner: 32
56	KIMBERLY HOLLOWAY	WINNIPEG,	F: 33	RUNNER	1711	00:36:47.55	07:21	8.2kph	Overall Female Runner: 33
57	BETH CHOPEY	WINNIPEG, MB	F: 34	RUNNER	1618	00:37:00.38	07:24	8.1kph	Overall Female Runner: 34
58	CLAUDIA ORELLANA	WINNIPEG, MB	F: 35	RUNNER	1665	00:37:00.47	07:24	8.1kph	Overall Female Runner: 35
59	MARY NORTHOVER-RAMEY	WINNIPEG, MB	F: 36	RUNNER	1664	00:37:09.24	07:25	8.1kph	Overall Female Runner: 36
60	DANICA LOEWEN	WINNIPEG, MB	F: 37	RUNNER	1653	00:37:11.27	07:26	8.1kph	Overall Female Runner: 37

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61	LILY ANIEZ	WINNIPEG, MB	F: 38	RUNNER	1602	00:37:18.29	07:27	8.0kph	Overall Female Runner: 38
62	STEPHEN DAMERY	WINNIPEG, MB	M: 24	RUNNER	1622	00:37:20.17	07:28	8.0kph	Overall Male Runner: 24
63	MICHELLE SMITH	WINNIPEG, MB	F: 39	RUNNER	1693	00:37:20.74	07:28	8.0kph	Overall Female Runner: 39
64	KATRINA TAN	WINNIPEG, MB	F: 40	RUNNER	1696	00:37:54.27	07:34	7.9kph	Overall Female Runner: 40
65	BRET WIEBE	WINNIPEG, MB	M: 25	RUNNER	1705	00:37:56.59	07:35	7.9kph	Overall Male Runner: 25
66	BRETT WANTZING	ST FRANCOIS XAVIER, MB	F: 41	RUNNER	1703	00:38:15.08	07:39	7.8kph	Overall Female Runner: 41
67	PATRICIA SEDGWICK	WINNIPEG, MB	F: 42	RUNNER	1689	00:38:22.36	07:40	7.8kph	Overall Female Runner: 42
68	MEAGHAN GLIDDEN	WINNIPEG, MB	F: 43	RUNNER	1640	00:38:30.79	07:42	7.8kph	Overall Female Runner: 43
69	LORNA ROBLES	WINNIPEG, MB	F: 44	RUNNER	1681	00:38:44.97	07:44	7.7kph	Overall Female Runner: 44
70	SANTE PANIZZA	WINNIPEG, MB	M: 26	RUNNER	1670	00:38:47.68	07:45	7.7kph	Overall Male Runner: 26
71	TOMMASO PANIZZA	WINNIPEG, MB	M: 27	RUNNER	1669	00:38:51.23	07:46	7.7kph	Overall Male Runner: 27
72	KARLA EDWARDS	WINNIPEG, MB	F: 45	RUNNER	1630	00:38:54.14	07:46	7.7kph	Overall Female Runner: 45
73	KRISTA DREW	WINNIPEG, MB	F: 46	RUNNER	1627	00:38:55.30	07:47	7.7kph	Overall Female Runner: 46
74	MONICA BERTOLIN	WINNIPEG, MB	F: 47	RUNNER	1606	00:38:55.52	07:47	7.7kph	Overall Female Runner: 47
75	LOGAN PETERS	STEINBACH, MB	M: 28	RUNNER	1672	00:39:11.84	07:50	7.7kph	Overall Male Runner: 28
76	KARLA ENGELA PALEVINO	WINNIPEG, MB	F: 48	RUNNER	1666	00:39:57.57	07:59	7.5kph	Overall Female Runner: 48
77	MHAOLENE LEANA PALEVINO	WINNIPEG, MB	F: 49	RUNNER	1667	00:40:04.48	08:00	7.5kph	Overall Female Runner: 49
78	LINDA BARNES	WINNIPEG, MB	F: 50	RUNNER	1603	00:40:24.10	08:04	7.4kph	Overall Female Runner: 50
79	SUSAN SHILSHUT	WINNIPEG, MB	F: 51	RUNNER	1691	00:40:57.47	08:11	7.3kph	Overall Female Runner: 51
80	MAYRA CAPON	WINNIPEG, MB	F: 52	RUNNER	1613	00:41:44.11	08:20	7.2kph	Overall Female Runner: 52
81	DOMINIQUE GELI	WINNIPEG, MB	F: 53	RUNNER	1637	00:42:15.64	08:27	7.1kph	Overall Female Runner: 53
82	SHANTELE GELI	WINNIPEG, MB	F: 54	RUNNER	1638	00:42:16.68	08:27	7.1kph	Overall Female Runner: 54
83	MARLENE SMITH	WINNIPEG, MB	F: 55	RUNNER	1694	00:44:37.92	08:55	6.7kph	Overall Female Runner: 55
84	CATHY CORDY	LA SALLE, MB	F: 56	RUNNER	1620	00:45:12.90	09:02	6.6kph	Overall Female Runner: 56
85	SANDRA BOYES	WINNIPEG, MB	F: 57	RUNNER	1607	00:45:13.21	09:02	6.6kph	Overall Female Runner: 57
86	CASSANDRA RICHARD	WINNIPEG, MB	F: 58	RUNNER	1679	00:49:40.78	09:56	6.0kph	Overall Female Runner: 58
87	JAN REISCHEK	NAROL, MB	F: 59	RUNNER	1675	00:50:33.28	10:06	5.9kph	Overall Female Runner: 59
88	BRODY REISCHEK	NAROL, MB	M: 29	RUNNER	1676	00:50:35.51	10:07	5.9kph	Overall Male Runner: 29
89	ALLISON BELL	WINNIPEG, MB	F: 60	RUNNER	1604	00:51:06.62	10:13	5.9kph	Overall Female Runner: 60
90	THEO FARIA	ST.LAURENT, MB	M: 30	RUNNER	1633	00:52:12.13	10:26	5.7kph	Overall Male Runner: 30
91	CECILIA CARRONDO	ST.LAURENT, MB	F: 61	RUNNER	1616	00:52:18.56	10:27	5.7kph	Overall Female Runner: 61
92	SYLVIA FARIA	ST.LAURENT, MB	F: 62	RUNNER	1631	00:52:19.01	10:27	5.7kph	Overall Female Runner: 62
93	ALYSSA HANIFF	WINNIPEG, MB	F: 63	RUNNER	1642	00:52:53.52	10:34	5.7kph	Overall Female Runner: 63
94	KEVIN DUTERTE	WINNIPEG, MB	M: 31	RUNNER	1629	00:52:54.22	10:34	5.7kph	Overall Male Runner: 31
95	SHAUN RITCHIE	WINNIPEG, MB	M: 32	RUNNER	1680	00:53:00.87	10:36	5.7kph	Overall Male Runner: 32
96	JONATHAN HENSON	WINNIPEG, MB	M: 33	RUNNER	1644	00:53:10.69	10:38	5.6kph	Overall Male Runner: 33
97	JAMES LENTING	WINNIPEG, MB	M: 34	RUNNER	1650	00:53:10.93	10:38	5.6kph	Overall Male Runner: 34