



We can't wait to see you at the start line on Sunday!

Please read below for important event reminders.

Please pick up your race kit prior to the event.

Package pick-up is being held at the Kenaston Running Room, 1875 Grant Ave.

Friday, January 26th from 4pm-7pm

Saturday, January 27th from 10am-2pm

If you are not able to pick up your package in person, you are welcome to have someone else pick it up for you.

This event is SOLD OUT! If you are not able to make it, you are welcome to transfer your registration to another runner no later than **midnight on Wednesday, January 24th**. **Transfers** can be completed online by using the transfer button on the [registration page](#).

Bag Check will be available on race day in the Interpretive Centre from 7:45am-12:30pm. Please do not leave valuables in your checked bags. We encourage you to bring dry clothes to change into after your run so that you can enjoy your breakfast in comfort!

Parking will be available on-site throughout the morning.

If you have participated in an event at Fort Whyte before, you know that parking is extremely limited. **Participants are encouraged to carpool whenever possible.**

Waves times have been spread out to allow for spaces to open as participants leave from earlier start times. Please follow the guidance of the parking marshals when you arrive.

Wave times are as follows:

Wave 1 (5km &10KM) - 8:30 am

Wave 2 (10km) – 9:15 am

Wave 3 (10km) – 10:00 am

Wave 4 (5km) – 10:45 am

Wave times and distances are NOT transferrable.

Breakfast will be available starting at 9:15am. Please note that due to limited seating capacity, only registered runners will be able to eat in the restaurant on race morning. Takeaway food and beverages will be available to spectators at the Buffalo Stone Cafe. We can't wait for you to enjoy your post-race pancakes, but kindly ask that you limit your time in the restaurant to allow for runners finishing after you to have their breakfast as well.

New this year! Post-race mimosas will be available for purchase in the breakfast area. The mimosa bar will accept cash/debit and credit.

Lastly, this is a trail race! The Fort Whyte team has done their best to make sure the trails are cleared and groomed, but there may be parts of the course that are slightly more narrow and rugged! Please be courteous to runners who are passing you as there are sections of the course that overlap! High Fives are always appreciated!

There will be plenty of signs and course marshals on the route, but please take the time to review the [course map](#) here prior to the race!

If you have any questions prior to the event, feel free to email us at running@manitobamarathon.mb.ca

See you Sunday!

The Manitoba Marathon Team