Frosty 10K Wave 2

Place	Name	Hometown	Gender	Туре	Bib #	Time	Pace	Speed	Division Rank
1	KENZIE CALDWELL	WINNIPEG, CAN	F: 1	RUNNER		00:42:23.28	04:14	14.2kph	Overall Female Runner: 1
2	MATTHEW SCHROEDER	STEINBACH, CAN	M: 1	RUNNER	202	00:43:03.32	04:18	13.9kph	Overall Male Runner: 1
3	MATT HILDEBRAND	LORETTE, CAN	M: 2	RUNNER		00:47:06.41	04:42	12.7kph	Overall Male Runner: 2
4	TIM COOMBS	WINNIPEG, CAN	M: 3	RUNNER		00:48:31.38	04:51	12.4kph	Overall Male Runner: 3
5	GREG HIEBERT	WINNIPEG, CAN	M: 4	RUNNER		00:48:56.36	04:53	12.3kph	Male 40 - 44: 1
6	TYLER ARNASON	WINNIPEG, CAN	M: 5	RUNNER		00:49:54.92	04:59	12.0kph	Male 30 - 34: 1
7	MARK PULAK	WINNIPEG, CAN	M: 6	RUNNER	140	00:50:32.53	05:03	11.9kph	Male 25 - 29: 1
8	DAVID FINNBOGASON	WINNIPEG, CAN	M: 7	RUNNER	128	00:50:33.74	05:03	11.9kph	Male 25 - 29: 2
9	PETER MILLER	WINNIPEG, CAN	M: 8	RUNNER		00:50:54.23		11.8kph	Male 40 - 44: 2
10	ALVIN RAMHARAKH	WINNIPEG, CAN	M: 9	RUNNER	190	00:52:07.50	05:12	11.5kph	Male 30 - 34: 2
11	ERIC POPPLETON	WINNIPEG, CAN	M: 10	RUNNER	213	00:52:31.40	05:15	11.4kph	Male 40 - 44: 3
12	RAUL LEMUS	WINNIPEG, CAN	M: 11	RUNNER	211	00:52:38.90	05:15	11.4kph	Male 40 - 44: 4
13	JACE MARIEN	WINNIPEG, CAN	F: 2	RUNNER	172	00:52:39.73	05:15	11.4kph	Overall Female Runner: 2
14	ILONA RIESEN	MITCHELL, CAN	F: 3	RUNNER	203	00:52:51.18	05:17	11.4kph	Overall Female Runner: 3
15	ERIN ROLOFF	DAUPHIN, CAN	F: 4	RUNNER	110	00:53:03.49	05:18	11.3kph	Female 30 - 34: 1
16	SHAWN CROREY	WINNIPEG, CAN	M: 12	RUNNER	83	00:53:04.29	05:18	11.3kph	Male 50 - 54: 1
17	MICHAEL LAZARUK	WINNIPEG, CAN	M: 13	RUNNER	93	00:53:09.55	05:18	11.3kph	Male 35 - 39: 1
18	JUSTIN DANIELSON	WINNIPEG, CAN	M: 14	RUNNER	206	00:53:16.05	05:19	11.3kph	Male 40 - 44: 5
19	DOUG QUARK	WINNIPEG, CAN	M: 15	RUNNER	168	00:53:26.88	05:20	11.2kph	Male 55 - 59: 1
20	CINDY DOBSON	WINNIPEG, CAN	F: 5	RUNNER	146	00:53:41.34	05:22	11.2kph	Female 50 - 54: 1
21	STACEY BAZAK	WINNIPEG, CAN	F: 6	RUNNER	180	00:53:41.65	05:22	11.2kph	Female 40 - 44: 1
22	BRADEN MILANI	WINNIPEG, CAN	M: 16	RUNNER	84	00:53:54.28	05:23	11.1kph	Male 25 - 29: 3
23	CONRAD DUECK	WINNIPEG, CAN	M: 17	RUNNER	166	00:54:09.60	05:24	11.1kph	Male 50 - 54: 2
24	AMANDA CAMPBELL	WINNIPEG, CAN	F: 7	RUNNER	132	00:54:12.43	05:25	11.1kph	Female 45 - 49: 1
25	KAYLA KRAHN	STEINBACH, CAN	F: 8	RUNNER	143	00:54:13.57	05:25	11.1kph	Female 30 - 34: 2
26	MARIELLE CAYER	WINNIPEG, CAN	F: 9	RUNNER	118	00:54:51.99	05:29	10.9kph	Female 30 - 34: 3
27	KAYLA TOEWS	WINNIPEG, CAN	F: 10	RUNNER	187	00:54:56.99	05:29	10.9kph	Female 35 - 39: 1
28	JOHN CONKLIN	WINNIPEG, CAN	M: 18	RUNNER	104	00:54:58.37	05:29	10.9kph	Male 35 - 39: 2
29	STEPHANIE TETREAULT	LORETTE, CAN	F: 11	RUNNER	113	00:55:02.81	05:30	10.9kph	Female 35 - 39: 2
30	MAYUKA YOSHIKAWA	WINNIPEG, CAN	F: 12	RUNNER	209	00:55:11.10	05:31	10.9kph	Female 35 - 39: 3
31	MELANIE HAWRANIK	DAUPHIN, CAN	F: 13	RUNNER	109	00:56:47.58	05:40	10.6kph	Female 40 - 44: 2
	SOBERING								
32	WALTER YUEN	WINNIPEG, CAN	M: 19	RUNNER	135	00:57:14.93	05:43	10.5kph	Male 55 - 59: 2
33	ELENA TEPPERMAN	WINNIPEG, CAN	F: 14	RUNNER		00:57:26.49	05:44	10.4kph	Female 35 - 39: 4
34	JIM CAMPBELL	WINNIPEG, CAN	M: 20	RUNNER		00:57:35.09	05:45	10.4kph	Male 65 - 69: 1
35	GLEN EASTON	WINNIPEG, CAN	M: 21	RUNNER		00:57:39.19	05:45	10.4kph	Male 65 - 69: 2
36	JOHN COUGHLIN	WINNIPEG, CAN	M: 22	RUNNER		00:58:34.50	05:51	10.2kph	Male 25 - 29: 4
37	SHAWN BJORNSSON	WINNIPEG, CAN	M: 23	RUNNER		00:58:48.63	05:52	10.2kph	Male 60 - 64: 1
38	RENEE SIGURDSON	BRANDON, CAN	F: 15	RUNNER		00:59:35.62	05:57	10.1kph	Female 30 - 34: 4
39	SIDONIE ROBINSON	WINNIPEG, CAN	F: 16	RUNNER		01:00:20.63	06:02	9.9kph	Female 30 - 34: 5
40	ARIEL DUNSMORE	WINNIPEG, CAN	F: 17	RUNNER		01:00:24.17	06:02	9.9kph	Female 25 - 29: 1
41	RACHEL ALDER	WINNIPEG, CAN	F: 18	RUNNER		01:00:39.57	06:03	9.9kph	Female 25 - 29: 2
42	ERICA ANDERSON	WINNIPEG, CAN	F: 19	RUNNER		01:01:04.41	06:06	9.8kph	Female 20 - 24: 1
43	MING HOI LEO FAI	WINNIPEG, CAN	M: 24	RUNNER		01:01:25.78	06:08	9.8kph	Male 40 - 44: 6
44	ALLYSON WARKENTIN	DAUPHIN, CAN	F: 20	RUNNER		01:01:58.48	06:11	9.7kph	Female 35 - 39: 5
45	NICOLE PATE	WINNIPEG, CAN	F: 21	RUNNER		01:02:14.48	06:13	9.6kph	Female 20 - 24: 2
	BRAYDN MATHESON	WINNIPEG, CAN	F: 22	RUNNER		01:02:16.08		9.6kph	Female 25 - 29: 3
47	MELA WILLIAMS	WINNIPEG, CAN	F: 23	RUNNER		01:02:10:00	06:14	9.6kph	Female 35 - 39: 6
48	VANESSA MCLEAN	WINNIPEG, CAN	F: 24	RUNNER		01:02:30.89	06:15	9.6kph	Female 30 - 34: 6
49	NATHALIE JOHNSTONE	LORETTE, CAN	F: 25	RUNNER		01:02:44.53	06:16	9.6kph	Female 35 - 39: 7
50	MICHELE AIELLO	WINNIPEG, CAN	M: 25	RUNNER		01:03:03.39	06:18	9.5kph	Male 20 - 24: 1
50			F: 26	RUNNER		01:03:09.60	06:18	9.5kph	Female 25 - 29: 4
51	ADRIANNA AIFLLO	WINNIPEGLAN							
51 52	ADRIANNA AIELLO CRYSTAL ANTILA	WINNIPEG, CAN DUGALD, CAN		RUNNER	181	()1 ()3 34 75	06:21	9 4knh	Female 40 - 44: 3
52	CRYSTAL ANTILA	DUGALD, CAN	F: 27	RUNNER RUNNER		01:03:34.75 01:03:36.78	06:21 06:21	9.4kph 9.4kph	Female 40 - 44: 3 Male 45 - 49 [:] 1
52 53	CRYSTAL ANTILA JAMIE MARSHALL	DUGALD, CAN DUGALD, CAN	F: 27 M: 26	RUNNER	182	01:03:36.78	06:21	9.4kph	Male 45 - 49: 1
52 53 54	CRYSTAL ANTILA JAMIE MARSHALL MEREDITH QUARK	DUGALD, CAN DUGALD, CAN WINNIPEG, CAN	F: 27 M: 26 F: 28	RUNNER RUNNER	182 169	01:03:36.78 01:04:30.37	06:21 06:27	9.4kph 9.3kph	Male 45 - 49: 1 Female 50 - 54: 2
52 53	CRYSTAL ANTILA JAMIE MARSHALL	DUGALD, CAN DUGALD, CAN	F: 27 M: 26	RUNNER	182 169 105	01:03:36.78	06:21	9.4kph	Male 45 - 49: 1

58 59 60 61	EDEN JAMIESON ALANNA PIERCE HEATHER PENNER PAIGE PROCTER	WINNIPEG, CAN WINNIPEG, CAN WINNIPEG, CAN WINNIPEG, CAN	F: 31 F: 32 F: 33 F: 34	RUNNER RUNNER RUNNER RUNNER	215 86	01:04:48.00 01:04:50.59 01:05:13.03 01:05:26.40	06:28 06:29 06:31 06:32	9.3kph 9.3kph 9.2kph 9.2kph	Female 30 - 34: 7 Female 30 - 34: 8 Female 60 - 64: 1 Female 25 - 29: 5
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Frosty 10K Wave 2

Place	Name	Hometown	Gender	Туре	Bib #	Time	Pace	Speed	Division Rank
	DANIEL BERGMAN	WINNIPEG, CAN	M: 28	RUNNER		01:05:57.43	06:35	9.1kph	Male 35 - 39: 3
	HOLLY SOMMER		F: 35	RUNNER		01:06:10.74	06:37	9.1kph	Female 55 - 59: 1
		SEVEN SISTERS							
		FALLS, CAN							
64	LYNN GLOWACH	WINNIPEG, CAN	F: 36	RUNNER		01:06:29.98	06:38	9.0kph	Female 60 - 64: 2
65	CORRINE KULYK	WINNIPEG, CAN	F: 37	RUNNER		01:06:38.27	06:39	9.0kph	Female 40 - 44: 4
66	LISA MARY-QUIGLEY	WINNIPEG, CAN	F: 38	RUNNER		01:06:43.18	06:40	9.0kph	Female 45 - 49: 3
67	GRACIELA LEMUS-GARCIA	WINNIPEG, CAN	F: 39	RUNNER		01:06:44.39	06:40	9.0kph	Female 40 - 44: 5
68	LOUISE STUART	WINNIPEG, CAN WINNIPEG. CAN	F: 40	RUNNER		01:07:13.30 01:07:16.96	06:43	8.9kph	Female 60 - 64: 3 Male 25 - 29: 5
69 70	HAMZA MUSTAPHA ANDREA MANDZUK	WINNIPEG, CAN WINNIPEG, CAN	M: 29 F: 41	RUNNER RUNNER		01:08:27.92	06:43 06:50	8.9kph 8.8kph	Female 25 - 29: 6
71	JAMES HOUSTON	WINNIPEG, CAN	M: 30	RUNNER		01:08:32.00	06:51	8.8kph	Male 35 - 39: 4
72	JEN SHAPKA	WINNIPEG, CAN	F: 42	RUNNER		01:09:18.52	06:55	8.7kph	Female 45 - 49: 4
73	DIANNE DOLYNIUK	HEADINGLEY, CAN	F: 43	RUNNER		01:09:20.42	06:56	8.7kph	Female 55 - 59: 2
74	SARA BIGELOW	BRANDON, CAN	F: 44	RUNNER	99	01:09:44.66	06:58	8.6kph	Female 30 - 34: 9
75	BRANDON WILLIAMS	WINNIPEG, CAN	M: 31	RUNNER		01:10:19.78	07:01	8.5kph	Male 35 - 39: 5
76	NIDHI NAGPAL	WINNIPEG, CAN	F: 45	RUNNER		01:10:41.95	07:04	8.5kph	Female 30 - 34: 10
77	CHRISTIN MOORE	PETERSFIELD, CAN	F: 46	RUNNER		01:11:43.89	07:10	8.4kph	Female 30 - 34: 11
78 70	KIMBERLY PATCHELL	WINNIPEG, CAN	F: 47	RUNNER		01:12:14.44	07:13	8.3kph	Female 40 - 44: 6
79 80	MICHAEL PEREIRA BROOKE IRVING	WINNIPEG, CAN LA SALLE, CAN	M: 32 F: 48	RUNNER RUNNER		01:12:16.91 01:12:20.95	07:13 07:14	8.3kph 8.3kph	Male 50 - 54: 3 Female 40 - 44: 7
81	TONY HOESS	•	г. 46 М: 33	RUNNER		01:12:26.63	07:14	8.3kph	Male 55 - 59: 3
01	TONT TIOESS	STONY MOUNTAIN,	IVI. 33	KONNEK	147	01.12.20.03	07.14	0.5kpii	Wale 33 - 39. 3
		CAN							
82	ANDREA BILASH	WINNIPEG. CAN	F: 49	RUNNER	159	01:12:28.12	07:14	8.3kph	Female 50 - 54: 3
83	VANESSA SCHURKO	-, -	F: 50	RUNNER		01:12:32.72	07:15	8.3kph	Female 45 - 49: 5
		PORTAGE LA						•	
		PRAIRIE, CAN							
84	CHRIS LADD	WINNIPEG, CAN	F: 51	RUNNER		01:12:46.29	07:16	8.2kph	Female 40 - 44: 8
85	KATHLEEN ALDER	WINNIPEG, CAN	F: 52	RUNNER		01:13:05.86	07:18	8.2kph	Female 55 - 59: 3
86	ELISE ALDER	WINNIPEG, CAN	F: 53	RUNNER		01:13:08.56	07:18	8.2kph	Female 20 - 24: 3
87	ANDREA BURGOYNE	WINNIPEG, CAN	F: 54	RUNNER		01:13:38.60	07:21	8.1kph	Female 40 - 44: 9
88	SARAH BAHIR	WINNIPEG, CAN	F: 55	RUNNER RUNNER		01:14:20.11 01:14:21.12	07:26 07:26	8.1kph	Female 45 - 49: 6
89 90	CHRISTY ROGOWSKI PAULA REMPEL	WINNIPEG, CAN WINNIPEG, CAN	F: 56 F: 57	RUNNER		01:14:21.12	07:26 07:26	8.1kph 8.1kph	Female 40 - 44: 10 Female 50 - 54: 4
91	JUSTIN MARTINEZ	WINNIPEG, CAN	M: 34	RUNNER		01:14:22.26	07.28	8.0kph	Male 25 - 29: 6
92	KIM MCLARTY	WINNIPEG, CAN	F: 58	RUNNER		01:14:51.07	07:20	8.0kph	Female 55 - 59: 4
93	JERRI-LEE MACKAY	WINNIPEG, CAN	F: 59	RUNNER		01:14:51.58	07:29	8.0kph	Female 60 - 64: 4
94	KIANA CROREY	WINNIPEG, CAN	F: 60	RUNNER		01:14:53.36	07:29	8.0kph	Female 20 - 24: 4
95	JESSICA JOLICOEUR	STE. ANNE, CAN	F: 61	RUNNER	95	01:15:03.94	07:30	8.0kph	Female 25 - 29: 7
96	AMANDA ASMUNDSON	STE. GENEVIEVE,	F: 62	RUNNER	112	01:15:05.54	07:30	8.0kph	Female 30 - 34: 12
		CAN							
97	BRITTANY NICOLAS	WINNIPEG, CAN	F: 63	RUNNER		01:15:11.34	07:31	8.0kph	Female 35 - 39: 9
98 99	CHRISTINE RINN	WINNIPEG, CAN WINNIPEG, CAN	F: 64	RUNNER		01:15:20.00	07:32 07:33	8.0kph	Female 40 - 44: 11
99	JANICE MCLELLAN-	WINNIPEG, CAN	F: 65	RUNNER	00	01:15:36.75	07.33	7.9kph	Female 50 - 54: 5
	SHEARER								
100	RACHEL KING	NIVERVILLE, CAN	F: 66	RUNNER	205	01:16:04.39	07:36	7.9kph	Female 45 - 49: 7
101	MELANIE WATTS	WINNIPEG, CAN	F: 67	RUNNER		01:16:35.49	07:30	7.8kph	Female 45 - 49: 8
	RHONDA MALETTE		F: 68	RUNNER		01:16:58.49	07:41	7.8kph	Female 55 - 59: 5
	·— · · —	PORTAGE LA						- 1	
		PRAIRIE, CAN							
103	KRISTIN ANNABLE	WINNIPEG, CAN	F: 69	RUNNER	153	01:17:25.15	07:44	7.8kph	Female 35 - 39: 10
	DEREK BOUTANG	WINNIPEG, CAN	M: 35	RUNNER	101	01:18:21.61	07:50	7.7kph	Male 50 - 54: 4
	ANN-MARIE SMITH	WINNIPEG, CAN	F: 70	RUNNER		01:18:34.04	07:51	7.6kph	Female 45 - 49: 9
	TARA DOVGOSELETS	WINNIPEG, CAN	F: 71	RUNNER		01:18:35.01	07:51	7.6kph	Female 50 - 54: 6
	ANTHONY DAO	WINNIPEG, CAN	M: 36	RUNNER		01:19:26.77	07:56	7.6kph	Male 20 - 24: 2
108	ALISON ADACHI	WINNIPEG, CAN	F: 72	RUNNER	208	01:22:15.71	08:13	7.3kph	Female 35 - 39: 11

109 110 111	RACHEL INGELS BERGMAN AMANDA STUHLDREIER KAREN WAKEGIJIG	WINNIPEG, CAN WINNIPEG, CAN	F: 73 F: 74 F: 75	RUNNER RUNNER RUNNER	139	01:22:43.43 01:26:30.02 01:27:51.14	08:16 08:39 08:47	7.3kph 6.9kph 6.8kph	Female 35 - 39: 12 Female 30 - 34: 13 Female 55 - 59: 6
		PORTAGE LA							
112	MARION HART	PRAIRIE, CAN WINNIPEG. CAN	F: 76	RUNNER	138	01:28:30.44	08:51	6.8kph	Female 65 - 69: 1
113	JENNIFER DE ROCQUIGNY	LORETTE, CAN	F: 77	RUNNER	200	01:28:38.45	08:51	6.8kph	Female 45 - 49: 10
114 115	RACHEL DOERKSEN KATHLEEN KOZAKEWICH	WINNIPEG, CAN WINNIPEG, CAN	F: 78 F: 79	RUNNER RUNNER		01:30:47.00 01:34:37.14	09:04 09:27	6.6kph 6.3kph	Female 30 - 34: 14 Female 25 - 29: 8
116	GUY MADILL TARA GILL	WINNIPEG, CAN	M: 37 F: 80	RUNNER RUNNER		01:39:56.71 01:46:31.52	09:59 10:39	6.0kph	Male 65 - 69: 3
117	IARA GILL	WINNIPEG, CAN		RUNNER 4-01-30 1:58:46		01.40.31.52	10:39	5.6kph	Female 50 - 54: 7 <i>Page: 2 of 3</i>
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Frosty 10K Wave 2

Place Name	Hometown	Gender	Type	Bib # Time	Pace	Speed	Division Rank
118 DAVID FIELDER	WINNIPEG, CAN	M: 38	RUNNER	160 01:46:32.06	10:39	5.6kph	Male 60 - 64: 2
DNF GAIL NYKOLIATION	BRANDON, CAN	F: 81	RUNNER	197 00:17:34.04	01:45	34.2kph	:
DNF JOSHUA FINN	BRANDON, CAN	M: 39	RUNNER	198 00:17:35.95	01:45	34.1kph	:
DNF TAMARA MCCAFFREY	WINNIPEG, CAN	F: 82	RUNNER	121 01:03:30.94	06:21	9.4kph	:
DNF CHRISTOPHER CRAWFORD) WINNIPEG, CAN	M: 40	RUNNER	164 01:03:31.57	06:21	9.4kph	:
DNF ELIZABETH PARSONS	WINNIPEG, CAN	F: 83	RUNNER	156 01:17:21.90	07:44	7.8kph	:
DNF KELLY ROMAS	WINNIPEG, CAN	F: 84	RUNNER	157 01:23:07.51	08:18	7.2kph	:
DQ HEATHER PARK	OAKBANK, CAN	F: 85	RUNNER	130 00:49:08.36	04:54	12.2kph	:

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